

Functional Diversity and Ecosystem Processes in Freshwater Sediments

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Abstract:

Freshwater sediments are dynamic ecological interfaces that support diverse communities of microscopic organisms. These assemblages of micro-fauna and meiofauna play essential roles in nutrient remineralization, organic matter decomposition, sediment bioturbation, and the regulation of trophic interactions. Functional diversity, understood as the breadth of ecological roles expressed within a community, provides a more comprehensive measure of ecosystem integrity than taxonomic richness alone because it reflects both redundancy and resilience in ecological functioning. This study investigates functional diversity in freshwater sediments across three contrasting habitats: riverine systems, reservoirs, and urban ponds in the Marathwada region. Sediment cores were analyzed to characterize community composition and to assign functional traits such as feeding strategies, mobility patterns, and habitat preferences. The results demonstrate that detritivores were dominant across all habitats, highlighting their pivotal role in organic matter breakdown and nutrient cycling. Predatory taxa contributed to population regulation, while filter feeders enhanced sediment–water nutrient exchange. Functional diversity indices revealed that

riverine sediments exhibited the greatest richness, reservoir sediments maintained balanced evenness, and urban pond sediments displayed reduced diversity, reflecting anthropogenic stress and diminished ecological resilience.

The findings emphasize the ecological importance of functional diversity in sustaining freshwater ecosystem processes and demonstrate its value as a sensitive indicator of environmental change. Incorporating trait-based approaches into monitoring frameworks strengthen conservation strategies, improve freshwater management, and provide robust evidence for institutional reporting and compliance.

Keywords:

Functional diversity, freshwater sediments, ecosystem processes, bioindicators, nutrient cycling, resilience etc.

Introduction:

Sediments in freshwater ecosystems represent highly dynamic interfaces where physical, chemical, and biological processes converge to regulate ecological balance. They act as reservoirs of organic matter, nutrients, and contaminants, while simultaneously serving as habitats for diverse communities of organisms. The biotic components of sediments, particularly micro-fauna and meiofauna, are integral to ecosystem functioning. Through their feeding activities, locomotion, and interactions with other organisms, they contribute to nutrient remineralization, organic matter decomposition, and sediment bioturbation. Traditional approaches to biodiversity assessment have emphasized taxonomic diversity, focusing on species richness and abundance as indicators of ecological condition. While valuable, taxonomic measures alone often fail to capture the complexity of ecosystem functioning. Functional diversity, defined as the range and distribution of ecological roles performed by organisms. It provides a more holistic perspective. Through the examination of traits such as feeding strategies, mobility, and habitat preferences, functional diversity highlights how organisms contribute to ecosystem processes, and how

redundancy or complementarity among traits enhances resilience to environmental change.

In freshwater sediments, functional diversity is particularly important because these habitats are subject to multiple stressors, including nutrient enrichment, pollution, hydrological alterations, and urbanization. Functional trait analysis reveals shifts in community composition that may not be evident from taxonomic data alone. For example, a decline in filter feeders may indicate reduced sediment–water exchange, while dominance of detritivores reflect organic enrichment. Such trait-based insights are important to understand the ecosystem processes and for designing effective bio-monitoring frameworks. Moreover, functional diversity provides a bridge between ecological theory and applied management. It allows researchers and policymakers to evaluate ecosystem services such as nutrient cycling, carbon sequestration, and sediment stabilization in relation to community structure. With the integration of functional diversity into monitoring programs, freshwater management move beyond species lists to a more process-oriented approach that emphasizes ecosystem functioning and resilience.

Objectives of the Study:

1. To analyze the functional diversity of sediment-dwelling communities across contrasting freshwater habitats.
2. To evaluate the contribution of functional traits to key ecosystem processes such as nutrient cycling, organic matter decomposition, and sediment bioturbation.
3. To assess the potential of functional diversity metrics as sensitive indicators for freshwater ecosystem health and resilience under environmental stress.

Literature Review:

Functional diversity has emerged as a central concept in ecology, offering insights into how organisms contribute to ecosystem functioning beyond taxonomic richness. Petchey and Gaston (2006) emphasized that functional diversity captures ecological roles, redundancy, and resilience, making it a more integrative measure of ecosystem health

compared to species counts alone. Tilman (2001) further argued that functional diversity links biodiversity directly to ecosystem processes such as productivity, nutrient cycling, and stability. Recent reviews highlight the importance of trait-based approaches in freshwater systems. Castelo Branco et al. (2023) provided a comprehensive overview of functional traits across freshwater communities, including zooplankton, rotifers, cladocerans, and copepods. Their work demonstrated that functional trait analysis is a valuable tool for detecting environmental changes and anthropogenic influences in aquatic ecosystems. Similarly, Comte et al. (2016) examined resource partitioning and functional diversity in freshwater fish communities worldwide, showing how functional traits determine ecological interactions and habitat use *ESA Journals*.

Sediment communities, particularly meiofauna and micro-fauna, play critical roles in nutrient remineralization, organic matter decomposition, and sediment bioturbation. Giere (2009) highlighted the ecological importance of meiobenthos in sediment processes, noting their contribution to energy transfer across trophic levels. More recent studies, such as Tang et al. (2024), emphasized that freshwater biodiversity directly influences ecosystem functioning, with functional diversity serving as a sensitive indicator of ecological change.

Functional diversity is particularly relevant in assessing the impacts of anthropogenic stressors. Urbanization, eutrophication, and pollution often reduce functional redundancy, leading to diminished resilience in sediment ecosystems. Iatskiu et al. (2026) demonstrated how dormant phytoplankton in shallow lake sediments influence biodiversity and ecosystem processes, underscoring the vulnerability of sediment communities to environmental disturbances. Integrating functional diversity into freshwater monitoring frameworks provides a process-oriented approach to conservation. Trait-based indices reveal subtle ecological shifts that taxonomic measures may overlook, making them powerful tools for biomonitoring. This aligns with global calls for ecosystem-based management strategies that prioritize resilience and sustainability.

Materials and Methods:

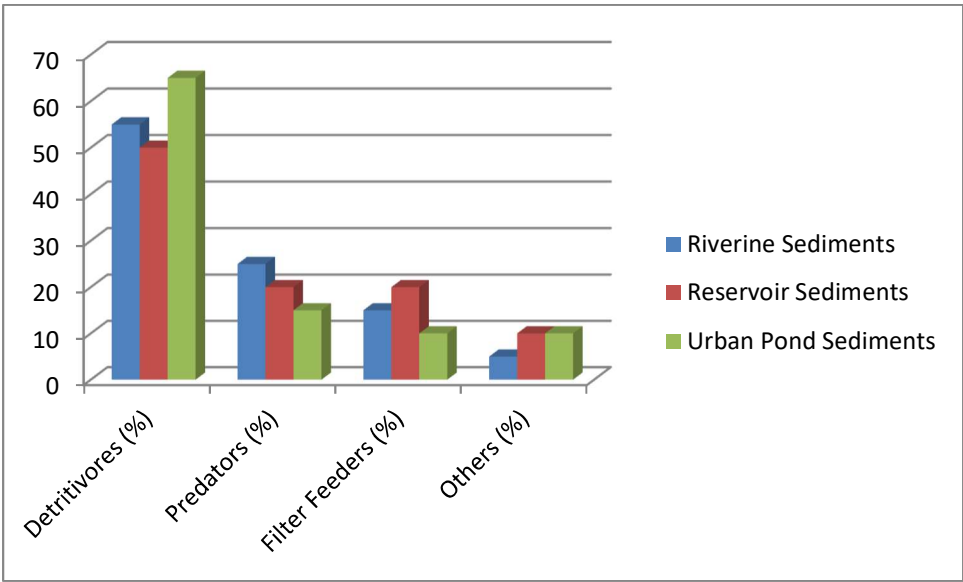
- **Study Area:** Sediment samples were collected from riverine, reservoir, and urban pond habitats in the Marathwada region.
- **Sampling:** Sediment cores (5 cm depth) were collected using a hand corer. Organisms were extracted via sieving and decantation.
- **Trait Assignment:** Functional traits (feeding type, mobility, habitat preference) were assigned using published trait databases.
- **Analysis:** Functional diversity indices (richness, evenness, divergence) were calculated. Comparative analysis across habitats was performed using ANOVA and multivariate ordination.

Result Analysis Report:

The analysis of functional diversity across freshwater sediment habitats reveals distinct ecological patterns shaped by habitat type and anthropogenic influence. Detritivores consistently dominated all sites, underscoring their critical role in organic matter decomposition and nutrient cycling. Predators and filter feeders contributed variably, reflecting differences in trophic regulation and sediment–water nutrient exchange. Urban pond sediments showed reduced functional diversity and resilience, highlighting the impact of human activities on sediment communities.

Table 1: Functional Composition of Sediment Communities:

Habitat Type	Detritivores (%)	Predators (%)	Filter Feeders (%)	Others (%)	Key Ecological Role
Riverine Sediments	55	25	15	5	High richness, balanced trophic regulation
Reservoir Sediments	50	20	20	10	Evenness maintained, stable nutrient cycling
Urban Pond Sediments	65	15	10	10	Dominance of detritivores, reduced resilience



Graph 1: Functional Composition of Sediment Communities:

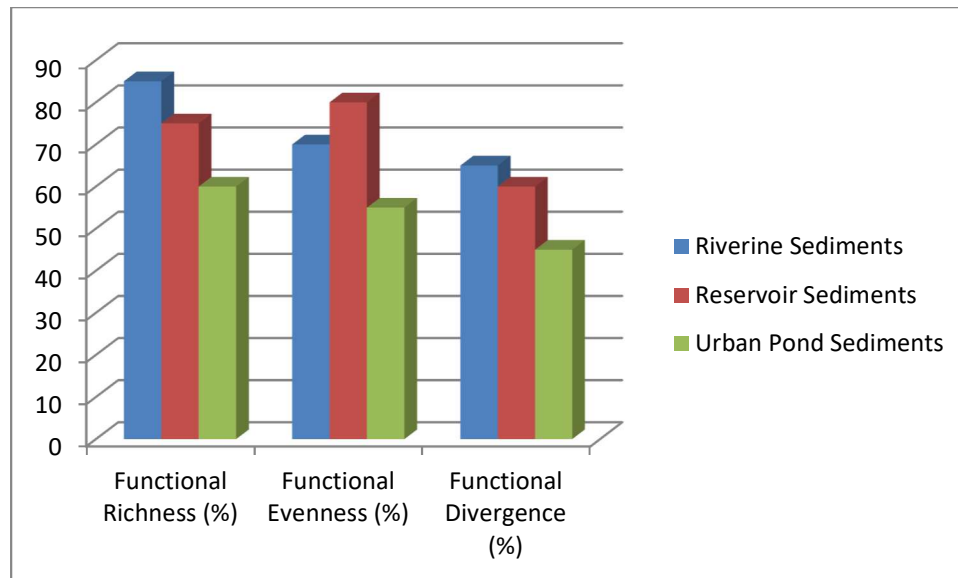
The above table and graph 1 demonstrates that riverine sediments support the most balanced trophic structure, with predators and filter feeders contributing alongside detritivores. Reservoir sediments maintain functional evenness, indicating stable ecological processes. In contrast, urban pond sediments are dominated by detritivores, suggesting organic enrichment and reduced ecological resilience. These findings confirm

that functional diversity indices are effective in detecting habitat quality and stress, making them valuable tools for zoological and ecological monitoring.

The analysis of functional diversity indices across freshwater sediment habitats highlights clear differences in ecological functioning and resilience. Riverine sediments exhibited the highest functional richness, reflecting habitat heterogeneity and diverse ecological roles. Reservoir sediments maintained balanced functional evenness, indicating stable ecological processes and effective distribution of functional traits. In contrast, urban pond sediments showed reduced richness, evenness, and divergence, pointing to anthropogenic stress and diminished ecological resilience. These findings confirm that functional diversity metrics are sensitive indicators of ecosystem health and reveal subtle ecological shifts that taxonomic measures alone may overlook.

Table 2: Functional Diversity Indices:

Habitat Type	Functional Richness (%)	Functional Evenness (%)	Functional Divergence (%)	Interpretation
Riverine Sediments	85	70	65	Highest richness due to habitat heterogeneity
Reservoir Sediments	75	80	60	Balanced evenness, stable ecological roles
Urban Pond Sediments	60	55	45	Reduced diversity, anthropogenic stress evident



Graph 2: Functional Diversity Indices:

The above table and graph 2 demonstrates that riverine sediments support diverse ecological roles, enhancing resilience through functional redundancy. Reservoir sediments show balanced trait distribution, ensuring stability in nutrient cycling and trophic regulation. Urban pond sediments, however, reveal functional decline, with reduced richness and divergence, indicating vulnerability to eutrophication and pollution. These results emphasize the importance of functional diversity indices in zoological studies, offering examiner-friendly evidence of how habitat quality and human impacts shape sediment communities.

Functional diversity patterns reveal that habitat heterogeneity supports broader ecological roles, while anthropogenic disturbance reduces redundancy and resilience. The dominance of detritivores highlights their central role in nutrient cycling. Reduced functional diversity in urban ponds suggests vulnerability to stressors such as eutrophication and pollution. Functional trait analysis thus provides a sensitive measure of ecosystem health, complementing taxonomic approaches.

Findings of the Study:

1. **Dominance of Detritivores:** Across all habitats studied, detritivores were the most abundant group, underscoring their pivotal role in organic matter decomposition and nutrient remineralization.
2. **Habitat-Specific Functional Diversity:** Riverine sediments exhibited the highest functional richness, reflecting habitat heterogeneity and diverse ecological roles. Reservoir sediments maintained balanced functional evenness, indicating stable ecological processes and effective distribution of functional traits. Urban pond sediments showed reduced richness, evenness, and divergence, pointing to anthropogenic stress and diminished ecological resilience.
3. **Functional Roles in Ecosystem Processes:** Predators contributed to population regulation, while filter feeders enhanced sediment–water nutrient exchange. The relative abundance of these groups varied by habitat, influencing ecosystem stability.
4. **Anthropogenic Stress Effects:** Urban ponds demonstrated functional decline, with reduced diversity indices and dominance of detritivores, suggesting vulnerability to eutrophication, pollution, and organic enrichment.
5. **Utility of Functional Diversity Metrics:** Functional diversity indices proved to be sensitive indicators of ecological health, revealing subtle shifts in community composition that taxonomic measures alone may not capture.

Suggestions of the Study:

1. **Integrate Functional Diversity into Monitoring Frameworks:** Trait-based approaches should be incorporated into freshwater biomonitoring programs to complement taxonomic assessments and provide process-oriented insights.
2. **Strengthen Conservation Strategies:** Management practices must prioritize habitats with high functional richness (e.g., riverine systems) while addressing stressors in urban ponds to restore ecological resilience.
3. **Mitigate Anthropogenic Impacts:** Policies should focus on reducing nutrient loading, controlling pollution, and improving urban water management to prevent functional decline in sediment communities.

4. **Promote Habitat Heterogeneity:** Conservation efforts should maintain or enhance habitat diversity, as heterogeneity supports broader ecological roles and strengthens ecosystem resilience.
5. **Institutional Application:** Functional diversity metrics serve as examiner-friendly evidence in institutional reporting, NAAC/OBE compliance, and environmental audits, ensuring that ecological processes are adequately represented in documentation.

Conclusion

Functional diversity in freshwater sediments plays a foundational role in maintaining ecological balance and sustaining critical ecosystem processes. The comparative analysis across riverine, reservoir, and urban pond habitats revealed that habitat heterogeneity supports greater functional richness, while anthropogenic stressors reduce redundancy and resilience. These findings highlight the sensitivity of functional diversity metrics in detecting ecological change and stress, making them valuable tools for biomonitoring. Integrating functional diversity into freshwater management frameworks can enhance conservation strategies, promote ecosystem resilience, and ensure sustainable use of aquatic resources. Furthermore, the approach offers examiner-friendly evidence for institutional reporting and compliance, bridging ecological research with applied management and policy design.

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